

SPA IN THE VALLEY



118 Shawan Road, Hunt Valley, 410-771-0200

Sure, Spa in the Valley has the requisite menu of hair care, skin care, eyelash extensions, waxing, and makeup lessons. But it's the Sugar Plum and Spice Facial, the Mango Mandarin Body Masque, the Lemongrass and Ginger Ache Away Treatment, the Seaweed Manicure, and state-of-the-art Vichy massage "steam" tables that keep us coming back for more. Whatever your guilty pleasure, the Spa in the Valley is one-stop shopping for instant de-stressing. Best to make an appointment for a day when you have plenty of time—with any body treatment the Spa offers up to a one-hour complimentary visit to the beautiful Tuscan Room, where you can melt your cares away in eucalyptus steam or soak in the 90-degree jet pool. One caveat: readjusting to the real world won't be easy after this escape.